






STARTERS

 SOUP OF THE DAY - Ask your server for today's special £4.80	 CHICKEN WINGS: Chicken drumettes and wings in spicy sauce with celery and blue cheese dip £9.60 <i>Contains celery, egg, dairy, mustard</i>
 NACHOS: Golden corn tortilla chips with guacamole, sour cream, tomato salsa melted cheddar cheese and black beans £9.50 <i>Contains dairy</i>	 VEGETARIAN WRAP: Breaded goat's cheese, red cabbage slaw and rocket with salsa and guacamole on the side £9.40 <i>Contains dairy, egg, gluten, mustard</i>
CHICKEN CRUNCH: Breadcrumb coated chicken strips, with honey mustard dip. <i>Contains gluten, egg, mustard</i> £9.60	

SHARING PLATES (FOR 2 PEOPLE)

MEAT FEAST COMBO: Wings, pork ribs, crunch chicken, onion rings with honey mustard dip £21.50 <i>Contains egg, dairy, mustard gluten</i>	 MEDITERRANEAN MEZZE: Humus, mixed whole olives and feta stuffed mixed chillies with Greek pitta bread. £13.50 <i>Contains gluten, dairy</i>
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MAIN

PASTA

(GLUTEN FREE PASTA AVAILABLE ON REQUEST)

 RASTA PASTA: pappardelle pasta with Alfredo sauce, chorizo, spinach, broccoli and roasted red peppers. £15.80 <i>Contains dairy, egg, gluten, mustard</i> Add Chicken £3.50
FETTUCINE with carbonara sauce and bacon £17.20 <i>Contains dairy, egg, gluten, mustard</i> Add Mushrooms £2.75
 WOK NOODLES: carrots, onion and sugar snap peas in soy and ginger sauce. Garnished with spring onion chilli and bean sprouts. <i>Contains crustaceans gluten soya and egg</i> £18.50 Add Chicken £3.50 Add Prawns £5.00
SALMON AND PEAS TAGLIATELLE: Egg Tagliatelle with mascarpone and cream sauce, baked salmon supreme pieces, green peas and dill. £22.20 <i>Contains milk, fish, gluten, egg</i>

MEAT and GRILL

 CHARGRILLED CHICKEN BREAST (7oz): with melted goat cheese with French beans. - <i>Contains dairy</i> £14.50
 PORK RIBS: slow cooked baby pork ribs in BBQ sauce with corn on the cob. <i>Contains mustard, celery</i> £17.50
FISH AND CHIPS £18.90 <i>Contains egg, mustard, gluten, fish</i>
 BBQ CHICKEN: half chicken char cooked in BBQ sauce with slaw. <i>Contains egg, mustard</i> £15.50
 SIRLOIN STEAK (12OZ): chargrilled sirloin steak with mushroom, tomato and rocket leaves £21.00 <i>Contains dairy, egg</i> Add Prawns £5.00

KIDS' MENU

£ 7.50

KIDS BURGER: 4 oz. beef burger with fries.
Contains gluten

CHICKEN BITES with green peas sweet corn & fries.
Contains gluten


MARGARETTA PIZZA you may add pepperoni.
Contains dairy gluten

MACARONI CHEESE with cheese sauce topped with parmesan.
Contains gluten dairy

PASTA (spaghetti or penne) with either bolognese or Pomodoro.
Contains celery gluten

KID'S PARTY PACK AVAILABLE
£ 3.75

SALADS

CAESAR SALAD: crispy baby gem lettuce, crispy bacon, soft boiled egg, garlic croutons, shavings Parmesan cheese, creamy Caesar dressing. £15.50 <i>Contains dairy, egg, gluten, soya.</i> Add Chicken £3.50
RAINFOREST SALAD: salad leaves, beetroot, onion, cucumber, tomato, dill, and avocado, marinated prawns. £18.70 <i>Contains crustaceans, egg, mustard, milk</i>
 VOLCANIC COBB SALAD: A mountain of grilled chicken breast, blue cheese, olives, diced tomatoes, eggs, bacon, baby gem and rocket with balsamic vinaigrette. £18.90 <i>Contains dairy, egg, mustard, sulphites</i>

BURGERS AND SANDWICHES

 BEEF BURGER: (8OZ) Monterey jack cheese, relish, Gherkins, onions, lettuce, and tomato in brioche bun £13.90 <i>Contains sulphites, dairy, mustard, gluten</i>
 VEGIE BURGER: Quinoa and vegetables burger, grilled halloumi cheese, burger mayonnaise lettuce and tomato in brioche bun £13.50 <i>Contains gluten, Milk, egg, mustard</i>
PULLED PORK SANDWICH: Slow cooked shredded pork with red onion, red peppers, chilli and BBQ sauce with lettuce and tomato coleslaw in brioche bun. <i>Contain egg, gluten, mustard</i> £14.80
 CHICKEN SANDWICH: Cajun grilled chicken breast with bacon monetary jack cheese, red peppers, lettuce and zesty lime&ginger mayo. <i>Contains dairy egg gluten mustard</i> £14.75
STEAK SANDWICH (120 G): with caramelised onion chutney, roasted red pepper melted goats cheese and crispy fried onions and rocket in ciabatta bread. <i>Contains dairy gluten</i> £14.80
QUASSADILLA: melted cheese, caramelised onion, potato & sweet corn served with black beans, sour cream and salsa. £16.30 <i>Contains Gluten, Dairy</i> Add chicken £3.50

ADD YOUR SIDES, SAUCES and TOPPINGS

SIDES £4.90

- French fries
- Sweet potato fries
- Jacket potato
- Corn on the cob
- Onion rings. *Contains gluten, dairy*
- Seasonal salad: mixed salad leaves, olives, red onions, tomato, cucumber and basil oil
- Garlic mashed potatoes *Contains dairy*
- Rocket and parmesan salad with balsamic dressing *Contains dairy, egg, mustard, sulphites*
- Sautéed spinach
- Coleslaw contains egg mustard
- Sautéed French beans
- Garlic bread and cheese with rosemary *Contains gluten, dairy*

SAUCES £2.75

- Smoked BBQ sauce *Contains mustard*
- Porcini sauce *Contains dairy, celery*
- Peppercorn sauce *Contains dairy, celery*
- Blue Cheese sauce *Contains dairy*

TOPPINGS £2.75

- Guacamole
- Bacon
- Sour cream *Contains dairy*
- Mushroom
- Prawns £ 5.00

DESSERT

CHEESECAKE: white chocolate & raspberry cheesecake, with berries meringue crumb and chocolate waffle. £6.70 <i>Contains dairy, gluten, egg soya</i>	SPARKLING VOLCANO combo of strawberry & vanilla ice cream with chocolate brownie bites whipped cream, marshmallows and strawberry & banana all with caramel and chocolate sauce finished with sparkly sparkler (enough for 2). £16.30 <i>Contains dairy, egg, gluten, soya</i>
 CHOCOLATE BROWNIE: vanilla ice cream drizzled with toffee & chocolate sauce. £6.70 <i>Contains egg gluten dairy soya</i>	ICE CREAMS AND SORBET: choose 3 scoops vanilla chocolate and strawberry. <i>Contains dairy</i> £6.40
BIRTHDAY CAKE: Triple layered chocolate sponge and creamy chocolate mousse complete with Rainforest Café logo done in royal icing. £34.00 <i>Contains dairy, egg, gluten, soya.</i>	SORBET Dairy free £6.40

KIDS' DESSERT £ 3.60

CHOCOLATE AND TOFFEE SUNDAE
Contains dairy, soya

STRAWBERRY AND VANILLA SUNDAE
Contains dairy, soya

FRUIT SALAD Pineapple, Grapes, raspberry, strawberry, banana and orange.

JELLY: Raspberry flavour with ice cream. Orange flavour available for vegans
Contains dairy, gluten

THE OASIS

SMOOTHIES - LARGE SIZE £6.90 SMALL SIZE £3.50

All smoothies are delightfully blended with our own recipe, low-fat frozen yoghurt and CONTAIN MILK

VERY BERRY - High in antioxidants & great for circulation! Blackberry, blueberry, raspberry, strawberry & cranberry juice. #worldsbestsmoothie

MONTY'S PYTHON - Strawberry, grape & cranberry juice. Excellent immune booster!

SHEBA'S JUNGLE JUICE - Oreo® cookies & coffee.

COCKATOO COCKTAIL - Kiwi, banana, strawberry & cranberry juice. High in Vitamin C!

TROPICAL CHA! CHA! - Mango, pineapple & passion fruit. Energy boosting!

JUST PLAIN - Strawberry, chocolate, banana or vanilla.

KIDS SMOOTHIE

All the above flavours available

WATER

Still or Sparkling (Litre)

Still or Sparkling (330ml)

Tap water available on request

£3.50

£5.90

£4.20

FRESH JUICE BAR

RAINFOREST RICKY £6.90
Pineapple, apple, strawberry, orange & grapefruit juice. Stimulates digestion!

JUNGLE ROOT £6.95
Freshly juiced carrot. High in Vitamin A - excellent for skin & eyes!

AMAZON ENERGY £6.95
Freshly juiced carrot, apple & ginger. Great detox & energiser!

MEDICINE MAN/MEDICINE MAN £6.95
Freshly juiced carrot, celery & apple. Cleansing & energising! **Contains Celery**

SUPER BERRY £6.95
Freshly juiced raspberry, blackberry, strawberry, blueberry & cranberry. Excellent for immune system!

FRESH LEMONADE £4.50

ORANGE, PINEAPPLE, GRAPEFRUIT OR APPLE JUICE £4.50
Kid's Juice Apple or Orange £3.20

SOFT DRINKS

NATALIA'S ROSIE CHEEKS £5.90
Blackcurrant, apple & orange mocktail, in our special Rainforest Palm Tree Plastic glass that you can take home (Natalia™) **Contains Sulphites**

PEPSI, DIET PEPSI, LEMONADE, TANGO £3.95
J2O – ORANGE & PASSION FRUIT / APPLE & RASPBERRY £5.30

LIPTONS PEACH ICE TEA £4.80

BIG ZERO FREEZES - APPLE & MANGO / STRAWBERRY £4.80
Flavoured frozen juice drink. Made with 99% fruit juice, no added sugar, preservatives or artificial sweeteners.

ORANGE, BLACKCURRANT OR LIME CORDIAL **Contains Sulphites** £3.90

RED BULL £5.90

FRUIT SHOOT MY 5 £3.40

FRUIT SHOOT HYDRO £3.40

BEERS

BUDWEISER 4.8% ABV (330ML). **Contains barley, wheat** £5.95

CORONA 4.5% ABV. (330ML). **Contains barley, wheat** £5.95

CARLSBERG 3.8% ABV (275ML) **Contains barley, wheat** £5.95

MEANTIME LONDON PALE ALE 4.3% AVB (330ML) **Contains barley, wheat** £5.95

GUINNESS EXTRA STOUT 4.2% AVB (330ML) **Contains barley** £5.95

BLUE MOON (USA) 5.4% ABV (330ML) **Contains barley, wheat** £6.95

MAGNERS ORIGINAL 4.5% ABV (330ML) **Contains sulphites** £6.80

KOPPABERG SWEDISH CIDER (Mixed Fruits) 4% Abv (500ML.) **Contains sulphites** £8.90

NON-ALCOHOLIC BECKS (275ML). **Contains barley** £5.70

COCKTAILS

SURVIVAL SANGRIA
Red wine mixed with fresh fruits, brandy, triple sec & fresh orange juice. Pitcher £27.00, 250ml Glass £7.95 **Contains Sulphites**

CLASSIC PIMM'S
Pimm's No1 with lemonade, ginger ale, fresh mint, cucumber & summer fruits. Pitcher £27.00, 14oz Glass £7.95

MOJITO (Classic/Strawberry/Raspberry) £9.90
Bacardi Gold with brown sugar, fresh mint & lime, topped up with a soda float.

TUKI BROWN £9.90
Ameretto, brownie & frozen yoghurt. **Contains Dairy**

JUNE BUG £9.90
Midori Melon, Crème de banane, Malibu, fresh pineapple & sour mix.

WOO WOO £9.90
Peach Schnapps, vodka & cranberry juice.

LONG ISLAND ICED TEA £9.90
Vodka, gin, Bacardi, triple sec & sours with a Pepsi top.

BLOODY MARY £9.90
Vodka & spicy tomato juice. **Contains Celery**

VIRGIN MARY **Contains Celery** £8.50

PIÑA COLADA £9.90
Bacardi, pineapple juice & cream of coconut. **Contains Milk**

VIRGIN COLADA **Contains Milk** £8.50

STRAWBERRY DAQUIRI £9.90
Bacardi, Crème de fraise, strawberries, sour mix & grenadine.

VIRGIN DAQUIRI £8.50

COFFEE

CAFE AMERICANO £4.00

SINGLE ESPRESSO £4.65

DOUBLE £4.95

TEA £4.20

CAPPUCCINO **Contains Dairy** £5.20

CAFFE LATTE **Contains Dairy** £4.95

COFFEE CREATIONS (All contain dairy)

RAINFOREST CAPPUCCINO - Disaronno Amaretto, Kahlúa & Bailey's. £8.20

IRISH COFFEE - Irish whiskey, brown sugar & cream. £8.20

BRAZILIAN CAPPUCCINO - Frangelico & Bailey's. £8.20

JUNGLE MUD - Mocha, Bailey's & Kahlúa. £8.20

WINES (Contains sulphites)

WHITE WINES

FRANCE
Fleur de Vigne, Colombard-Ugni Blanc

Bottle	175ml	125ml
£21.20	£6.40	£5.50

Chardonnay, Barton & Guestier

£25.40	£7.80	£5.95
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ITALY
Pinot Grigio, Brume di Monte

£29.80	£9.20	£7.40
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CHILE
Sauvignon Blanc – Ochagavia

£26.90	£7.95	£6.40
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NEW ZELAND
Sauvignon Blanc, Pencarrow

£38.70	£10.90	£8.60
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ROSÉ WINES

FRANCE
Grenache Rosé, Symposium

£25.80	£7.80	£6.40
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CALIFORNIA
White Zinfandel, Sutter Home

£32.60	£9.40	£7.80
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RED WINES

ITALY
Brume di Monte Rosso

Bottle	175ml	125ml
£21.20	£6.40	£5.50

FRANCE
Cotes Du Rhone Reserve

£38.90	£11.20	£8.70
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CHILE
Merlot, Ochagavia

£25.40	£7.80	£6.00
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AUSTRALIA
Shiraz, Moon Harvest

£33.20	£9.60	£8.10
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CHAMPAGNE

POMMERY BRUT ROYAL NV. £140

MOËT & CHANDON BRUT IMPERIAL NV. £195

PROSECCO

BLUE LABEL PROSECCO SPUMANTE, BRUT DOC, DON GALLO £32.80 £8.30