

Rainforest Cafe®

Your Adventure Begins...

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IF YOU SUFFER FROM A FOOD ALLERGY OF ANY KIND, PLEASE MAKE US AWARE IN ADVANCE OF ORDERING. IF OUR DISHES CONTAIN ANY OF THE 14 ALLERGENS THAT EXIST, THEN THIS WILL BE MADE CLEAR IN RED LETTERING ON THE DISH DESCRIPTION.

WE DO NOT USE NUTS IN ANY OF OUR RECIPES, HOWEVER IT IS IMPOSSIBLE FOR US TO GUARANTEE NO TRACES OF NUTS IN ITEMS PURCHASED FROM SUPPLIERS

PLEASE BE AWARE THAT CONSUMING BLUE, RARE OR UNDER COOKED MEATS COULD INCREASE YOUR RISK OF FOODBORNE ILLNESS. WE RECOMMEND ALL MEATS ARE COOKED AT LEAST MEDIUM.

All weights are uncooked weights. The company endeavors to ensure products sourced from our manufacturers are of a non-GM range. A discretionary service charge of 12.5% is added to your bill for your convenience, 98% of which is distributed to waiting staff and chefs through a system they control. The balance is used to cover bank and other administration charges and from which we do not make a profit. All of our staff are paid at least the National Minimum Wage before counting any tips or service charges you choose to pay. VAT is charged at the current issuing rate. Menu items are subject to availability and may change, please contact the restaurant or ask your host on the day if you have any queries.

BEFORE THE ADVENTURE

AMAZON APPETISERS

VEGETARIAN, GLUTEN FREE



= LOWER CALORIE OPTION



= RAINFOREST CAFE SPECIALITY

SAFARI SOUP OF THE DAY

£4.80

Ask your server for today's selection.

RIO'S CHICKEN CRUNCH

£9.90

Breadcrumb coated chicken strips bursting with flavour, served with honey and mustard dip

CONTAINS EGG, GLUTEN, MUSTARD



RAGING THUNDER BUFFALO WINGS

£9.90

Juicy chicken drumettes & wings coated in a spicy sauce, served with crunchy celery sticks and blue cheese dip.

CONTAINS CELERY, EGG, DAIRY, MUSTARD

MOJO BONES

£9.90

Oven roasted tender pork ribs smothered in our BBQ sauce with vegetable crisps. CONTAINS MUSTARD



LAVA NACHOS (V)

£9.75

Golden corn tortilla chips, heaped together with sliced jalapeños, guacamole, sour cream, tomato salsa, melted cheese & black beans. CONTAINS DAIRY,

CARNIVAL CRAB SALAD

£9.90

Tasty crab mayonnaise resting on a bed of sweet pineapple and mango salsa, topped with crisp mixed leaves, served with ciabatta croutons & avocado purée. CONTAINS DAIRY, CRUSTACEANS, EGG, GLUTEN, MUSTARD

FOREST LEAF WRAP (V)

£9.70

Creamy breaded goat's cheese, red cabbage slaw, rocket & guacamole, all wrapped in a soft flour tortilla & served with Mediterranean salsa. CONTAINS DAIRY, EGG, GLUTEN, MUSTARD

THE ADVENTURE BEGINS

PASTA & FROM THE WOK

GLUTEN FREE PASTA IS AVAILABLE UPON REQUEST



RASTA PASTA

£18.70

Tender pieces of chicken & chorizo sausage, perfectly sautéed to ensure maximum juiciness and flavor. Served with ribbons of pappardelle pasta, broccoli, red peppers & spinach, all tossed in a garlic and scallion Alfredo sauce and topped with Parmesan cheese. **Can be made vegetarian.** CONTAINS DAIRY, EGG, GLUTEN, MUSTARD



TRACEY TREE'S FETTUCCINE

£17.40

Ribbons of smooth fettuccine, cooked in a sumptuous carbonara sauce with bacon & button mushrooms, topped with Parmesan shavings. CONTAINS DAIRY, EGG, GLUTEN, MUSTARD



WIKI WIKI STIR FRY

£22.50

A wild wok carnival with your choice of spiced chicken or prawns, with egg noodles, chilli, carrots, onions & sugar snap peas, all tossed in a soy and ginger sauce and garnished with spring onions, chili & bean sprouts. CONTAINS GLUTEN, SOYA, CRUSTACEANS (IF ORDERED WITH PRAWNS), EGG, **Can be made vegetarian**

SALMON AND PEAS TAGLIATELLE

£19.50

Egg Tagliatelle pasta tossed with mascarpone-cream sauce, with home baked salmon supreme pieces, peas and dill
CONTAINS MILK, FISH, GLUTEN, AND EGG.

SANDWICHES & BURGERS



RAINFOREST CLASSIC BEEF BURGER

£18.70

100% beef burger piled high with full-flavoured relish, Cheddar cheese, lettuce, tomato, served in a toasted brioche bun with a side of fries. CONTAINS DAIRY, GLUTEN, MUSTARD, SULPHITES

HONEY ROOT VEGETABLES AND QUINOA BURGER (V)

£18.50

Honey root vegetables and quinoa burger coated in black onion seed crumb served with grilled halloumi cheese, burger mayonnaise, brioche bun, lettuce and tomato and fries. CONTAINS GLUTEN, MILK, EGG, AND MUSTARD

CALYPSO CHICKEN SANDWICH

£19.50

Tender Cajun chicken breast, beautifully chargrilled and layered with crispy bacon, Cheddar cheese, roasted red peppers & lettuce with a zesty lime and red ginger mayo. Served in toasted rustic bread with fries. CONTAINS, DAIRY, EGG, GLUTEN, MUSTARD

JUNGLE PULLED PORK

£19.40

Our slow cooked shredded pork transports you to the balmy barbecues of the Deep South. The tender pork is perfectly combined with red onion, chilli & parsley in a spicy sauce and served in a toasted brioche bun with lettuce, tomato, fries and that all important coleslaw. CONTAINS EGG, GLUTEN, MUSTARD

EXTRA TOPPINGS

EACH ONE £2.20

Bacon / Mushrooms / Smoked BBQ sauce **CONTAINS GLUTEN, MUSTARD**

Jalapeño peppers / Cheddar cheese / Guacamole / Blue cheese **CONTAINS MILK**

ENTICING ENTREES



AZTEC CHICKEN

£21.50

7oz. chargrilled chicken breast, topped with melted goat's cheese and resting on a bed of creamy garlic and herb mashed potato. This savory favourite is served with porcini mushroom sauce and French beans. **CONTAINS DAIRY, CELERY**



BAMBA'S BBQ CHICKEN

£20.50

This Texan inspired dish comprises a tender half chicken, beautifully charred and intensely flavoured with a rich BBQ sauce, served with fries & homemade coleslaw. **CONTAINS EGG, GLUTEN, MUSTARD**



MAJOR MOJO BONES

£22.30

Our world famous rack of Cajun spiced, tender pork baby back ribs, slow cooked in our own BBQ sauce and served with corn-on-the-cob, sliced watermelon & a choice of jacket potato topped with sour cream, crispy bacon & chives or fries.

CONTAINS CELERY, DAIRY, GLUTEN, MUSTARD

MAYALICIOUS PRIMAL STEAK

£28.50

12oz. sirloin steak, 21 days aged and chargrilled to roar-tastic perfection, with grilled field mushroom & tomato, rocket with parmesan salad & a green peppercorn sauce. Served with fries or creamy garlic & herb mashed potato. **CONTAINS GLUTEN, DAIRY, EGG, CELERY**

Please note well done steaks will take a minimum of 25 minutes.

Add three grilled tiger tail prawns **CONTAINS CRUSTACEANS**

£2.60

PRIDE OF BRITAIN FISH & CHIPS

£18.90

Experience the best of British with our traditional tempura battered white fish, served with fries, mushy peas, tartar sauce & a grilled lemon wedge. **CONTAINS EGG, FISH, GLUTEN, MUSTARD**

PARADISE STEAK SANDWICH

£19.80

A 120g British steak cooked to perfection and served with caramelised onion chutney and garlic mayo along with crunchy baby beetroot all in a Ciabatta bread sandwich. Accompanied with fries.

CONTAINS EGG, MUSTARD, AND GLUTEN

QUESADILLA MEXICANA

£19.90

This utterly moreish Mexican classic comprises a toasted 10" tomato flavoured wrap, packed with a delightfully gooey filling of chicken, melted cheese, roasted red pepper, caramelised onion, potato & sweetcorn and is accompanied by black beans, frisée, tomato salsa & sour cream. **Can be made vegetarian. CONTAINS GLUTEN, DAIRY,**

SAFARI SALADS

JULIUS SQUEEZER'S CAESAR SALAD

£18.30

A classic combination of herb marinated chargrilled chicken breast & creamy Caesar dressing, with crisp baby gem lettuce, homemade garlic croutons and soft boiled egg, crispy bacon and Parmesan shavings. **CONTAINS DAIRY, EGG, GLUTEN, SOYA**



VOLCANIC COBB SALAD

£18.50

A mountain of grilled, diced chicken breast, crumbled blue cheese, kalamata olives, chopped tomatoes, eggs, bacon, crunchy baby gem lettuce & rocket, all tossed in a balsamic vinaigrette. **CONTAINS DAIRY, EGG, MUSTARD, SULPHITES**

(Rainforest Cafe donates 20p from each sale of this dish to help The Aspinall Foundation)



BUTTERFLY HOUSE SALAD

£17.80

Marinated prawns with garlic, paprika, and thyme on mixed green lettuce leaves shredded beetroot, onion, cucumber, tomato, dill and avocado, drizzled with extra virgin olive oil and ranch dressing on side. **CONTAINS CRUSTACEANS, EGG, MUSTARD, MILK**

SIDES

EACH ONE £4.00

SEASONAL SALAD

Mixed salad leaves, black olives, red onions, tomato & cucumber, tossed with basil oil.

ROCKET & PARMESAN SALAD

Wild rocket tossed with balsamic dressing & topped with shaved Parmesan cheese. **CONTAINS DAIRY, EGG, MUSTARD, SULPHITES**

SPINACH

Sautéed with onions in olive oil.

COLESLAW

CONTAINS EGG, MUSTARD

FRENCH BEANS

Sautéed with onions in olive oil.

GARLIC BREAD

Grilled rosemary & garlic bread and mozzarella cheese. **CONTAINS GLUTEN, DAIRY**

FRENCH FRIES

CONTAINS GLUTEN

CORN ON THE COB

BOWL OF ONION RINGS

With BBQ sauce. **CONTAINS GLUTEN, DAIRY, MUSTARD**

JOURNEY'S END

DESSERTS

ISLAND ICE CREAMS & SORBETS

£6.40

Enjoy a delicious combination of our refreshing ice creams. Choose three scoops of any of the following: vanilla / chocolate / strawberry / raspberry ripple. **CONTAINS DAIRY. ICE CREAM CAN CONTAIN GLUTEN**

Speak to your Safari Guide about our dairy free sorbet flavour of the day.

COCOA BEAN BROWNIE

£6.40

Celebrating one of the rainforest's most divine treasures: the cocoa bean. This rich & moist chocolate brownie is served with your choice of vanilla, strawberry or chocolate ice cream, drizzled with toffee & chocolate sauce.

CONTAINS EGG, GLUTEN, DAIRY, SOYA

MELTING MARSHMALLOW SPEARS

£6.40

Squeezy soft marshmallow skewer with fresh strawberries, just waiting to be dipped in our special RFC melted chocolate fondue sauce. **CONTAINS DAIRY, SOYA**

CHOCO CROCO CHEESECAKE

£6.40

A succulent, rich white chocolate and raspberry cheesecake, celebrated with raspberry sauce, topped with berries, meringue crumb and chocolate wafer. **CONTAINS DAIRY, SOYA, GLUTEN, EGG**

NILE'S KNICKERBOCKER GLORY

£7.10

A magical dessert classic, combining vanilla & strawberry ice cream, juicy pineapple & raspberries, whipped cream and zingy raspberry coulis, all served in a tall sundae glass. **CONTAINS DAIRY, GLUTEN**



SPARKLING VOLCANO

£16.00

A HUGE combo of strawberry & vanilla ice cream with rich chocolate brownie bites, whipped cream, marshmallows and chunky strawberry & banana pieces, all drizzled with caramel & chocolate sauces and finished with a sparkly sparkler. A feeding frenzy for two or more. **CONTAINS DAIRY, EGG, GLUTEN, SOYA**

BIRTHDAY CAKE

£34.00

Three sumptuous layers of rich chocolate sponge and creamy chocolate mousse and complete with our Rainforest Cafe logo in royal icing. Perfect to celebrate a birthday for kids and big kids alike! **CONTAINS DAIRY, EGG, GLUTEN, SOYA**